



consultant dietitians

NUTRITION 4 LIFE “SPECIALIST DIETETICS TEAM” INCLUDES

**FIONA BROWN
BONNIE COOKE
RENEE HRUDICKA**

THE DIETITIANS AT NUTRITION 4 LIFE HAVE CONSULTED WITH BARIATRIC CLIENTS FOR OVER 10 YEARS AND SPECIALISE IN PROVIDING NUTRITIONAL SUPPORT AND ADVICE FOR CLIENTS UNDERGOING BARIATRIC SURGERY - INCLUDING LAP BAND, GASTRIC SLEEVE AND GASTRIC BYPASS. WE PROVIDE PERSONALISED CONSULTATIONS TO OUR CLIENTS THROUGH A RANGE OF COMMUNICATIONS INCLUDING TELEPHONE AND EMAIL TO REACH THOSE UNABLE TO ATTEND FACE-TO-FACE CONSULTATIONS. WE ASSIST OUR CLIENTS IN OBTAINING THEIR GOALS AND MAXIMISE NUTRITIONAL WELLBEING THROUGH ADEQUATE HYDRATION, PROTEIN AND ESSENTIAL VITAMINS/MINERALS.

**PLEASE CALL OR EMAIL US TODAY TO ARRANGE AN APPOINTMENT
1300 655 829**

ADMIN@NUTRITION4LIFE.NET.AU

THE COMPLETE PACKAGE FOR QUEENSLAND BARIATRIC CLIENTS IS \$480 AND INCLUDES:

PRE-SURGERY CONSULTATION

80 MINUTES = \$200

DESCRIPTION: A COMPREHENSIVE 80 MINUTE PHONE OR CLINIC CONSULT COVERING BOTH PRE AND POST-SURGERY DIETARY PROTOCOLS FOR ALL BARIATRIC SURGERIES. CLIENTS ARE PROVIDED WITH A DETAILED INFORMATION BOOKLET COMPILED FROM THE PERSONAL EXPERIENCES OF OUR HIGHLY TRAINED DIETITIANS AND MOST CURRENT EVIDENCE-BASED PRACTICE GUIDELINES. IF THE CONSULT WAS CONDUCTED VIA TELEPHONE WE WILL ALSO FOLLOW UP THIS CONSULT WITH AN EMAIL THAT SUMMARISES THE PRE-SURGICAL CONSULTATION SO THE CLIENT DOES NOT NEED TO TAKE NOTES DURING THE CONSULTATION.

POST-SURGERY PRE-PAID PACKAGE

4 X 20 MINUTE REVIEW CONSULTATIONS = \$280

DESCRIPTION: 4 X 20MINUTE CONSULTATIONS (LOCATIONS: EITHER FACE TO FACE AT THE BUNDALL CLINIC ON THE GOLD COAST OR VIA TELEPHONE (WHICH WILL BE FOLLOWED UP WITH AN EMAIL SUMMARISING EACH CONSULTATION))

CONSULT 1: DAY 1 TO 2 POST-OPERATIVE. DETAILED EDUCATION REGARDING THE FLUID PHASE.

CONSULT 2: ONE WEEK POST-OPERATIVE. DIETITIAN WILL ASSESS PROGRESS AND PROVIDE EDUCATION FOR THE PUREE DIET PHASE

CONSULT 3: FORTNIGHT FROM CONSULT 2. DIETITIAN WILL ASSESS PROGRESS AND PROVIDE EDUCATION FOR THE SOFT/MOIST DIET PHASE - MOST CLIENTS WILL COMMENCE THIS PHASE THE FOLLOWING WEEK.

CONSULT 4: THREE WEEK FROM CONSULT 3. FINAL CONSULTATION FOR THE SOFT-DIET PHASE AND EDUCATION FOR UPGRADE TO A NORMAL DIET THE FOLLOWING WEEK.

REBATES

WE HAVE TAILORED THIS PACKAGE TO ASSIST OUR CLIENTS TO ENSURE THEY ARE PROVIDED WITH ALL THE INFORMATION THEY NEED WHILST KEEPING ADDITIONAL COSTS TO A MINIMUM. THE PACKAGE IS PAID PRIOR TO SURGERY HOWEVER AFTER EACH CONSULT A SEPARATE RECEIPT IS PROVIDED TO THE CLIENT TO ENSURE THEY CAN RECEIVE THE MAXIMUM REFUND BACK FROM THEIR SELECTED METHOD (SEE BELOW). AFTER EACH CONSULTATION CLIENTS ARE GIVEN A PRE-PAID RECEIPT TO CLAIM BACK PART OF THE COSTS THROUGH EITHER THEIR PRIVATE HEALTH INSURANCE OR MEDICARE (NOT BOTH).

PRIVATE HEALTH INSURANCE

IF YOU HAVE 'EXTRAS COVER' FOR A DIETITIAN YOU MAY BE ELIGIBLE TO CLAIM PART OF THIS PACKAGE BACK THROUGH YOUR HEALTH FUND. WE ENCOURAGE YOU TO PLEASE CHECK THIS WITH YOUR HEALTH FUND PRIOR TO YOUR CONSULT.

MEDICARE REBATE

ONLY APPLICABLE IF YOU ARE ELIGIBLE FOR THIS CARE PLAN THROUGH YOUR GP AND THE INITIAL CONSULT MUST BE DONE IN OUR CLINIC AT BUNDALL, GOLD COAST (MEDICARE WILL NOT GIVE REBATES IF ALL CONSULTATIONS ARE DONE VIA TELEPHONE).

YOU MAY BE ELIGIBLE TO CLAIM PART OF YOUR CONSULTATION BACK THROUGH MEDICARE AS PART OF AN 'ENHANCED PRIMARY CARE PLAN' (EPC). TO CHECK IF YOU FIT THE CRITERIA FOR AN EPC YOU MUST SEE YOUR GP PRIOR TO SEEING THE DIETITIAN AND IF ELIGIBLE THE GP WILL PROVIDE YOU WITH A PLAN. PLEASE BRING A COPY OF THE PLAN WITH YOU TO YOUR CONSULTATION OR HAVE A COPY OF THE PLAN FAXED TO NUTRITION 4 LIFE 07 5676 9670.

NOTE

WE DO NOT BULK BILL OUR CLIENTS. IF YOU DO HAVE AN EPC YOU WILL RECEIVE APPROXIMATELY \$52.95 BACK FROM EACH CONSULTATION. SO IF YOU HAVE AN EPC PLAN THAT HAS ALL 5 VISITS TO THE DIETITIAN THEN YOU WILL GET BACK APPROXIMATELY \$264.75 OUT OF THE \$480 YOU PRE-PAID.

TO BE ELIGIBLE TO CLAIM THROUGH MEDICARE WITH AN EPC YOUR INITIAL CONSULTATION MUST BE DONE IN OUR CLINIC AT BUNDALL ON THE GOLD COAST.

YOU CAN NOT CLAIM THROUGH BOTH MEDICARE AND YOUR PRIVATE HEALTH INSURANCE